

REASONS FOR LEAVING A JOB

When you apply for employment you will usually be asked why you left (or, are interested in leaving) your previous job. This list provides you with some of the most frequently used reasons. The list is divided into the "RED LIGHT" danger zones, and the "GREEN LIGHT" possibilities that you can discuss in the interview.

RED LIGHT ANSWERS

(AVOID THESE!!!)

1. I was fired
2. Hurt on the job
3. Forced to quit
4. Job too far
5. Terminated
6. Mutual agreement
7. No babysitter
8. Personality conflict
9. Left town
10. Dissatisfaction with employer/job
11. Marital problems
12. Not happy with pay
13. Quit
14. Failure to receive raise/promotion
15. Arrested
16. Tardiness or late to work
17. Didn't get along with coworkers
18. Too slow
19. Couldn't do the job
20. Long hours
21. Disagreement
22. Didn't want to work overtime
23. My boss was a jerk
24. Hated my job
25. My mom made me quit
26. Manager was stupid
27. Let go for tardiness
28. No transportation
29. Insured
30. Arrested
31. Rocky marriage
32. Didn't like the schedule
33. Didn't want so many hours
34. Let go for harassment
35. Childcare issues
36. Passed over for a promotion
37. Didn't get along with co-workers
38. Job was too difficult
39. Overtime required
40. Bored at work

GREEN LIGHT ANSWERS

(USE THESE!!!)

1. Reorganization or merger
2. New job
3. Laid off
4. Lack of work
5. Not enough hours
6. Job was temporary
7. Contract ended
8. Work was seasonal
9. Better opportunity
10. Seeking growth
11. Promotional opportunity
12. Career change
13. Returned to school
14. Relocated
15. Raised a family
16. Limited growth at company
17. Opportunity at the new company
19. Looking for a new challenge
20. Good career opportunity
21. Relocation
22. Change in career path
23. Company downsized
24. Company went out of business
25. Needed a full-time position
26. Position eliminated
27. Position ended
28. Offered a permanent position
29. Landed a higher paying job
30. Seeking more responsibility
31. Not enough work or challenge
32. Stay home to raise family
33. Not compatible with company goals
34. Retired
35. Poor organizational fit